

SAILING INSTRUCTIONS



IRISH NATIONAL CHAMPIONSHIPS 2011

FRIDAY 9th SEPTEMBER TO SUNDAY 11th SEPTEMBER

Hosted by Cushendall Sailing & Boating Club



1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 In addition either the helm or crew shall be a member of the Irish RS Class Association or the RS Class Association. Anyone not complying with this will be disqualified without a hearing. This changes RRS 63.1. and A5. The RS Class Association and its designated representative at each event is the sole arbiter of this rule.
- 1.3 Competitors shall complete the entry form and pay the necessary dues in order to be eligible to race.
- 1.4 Any competitors who are aged under 18, shall complete a Parental Disclosure Form, Photography Consent Form and a Medical Consent Form. These can be downloaded from the RS Association website and should be handed in at the event.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any changes to the Sailing Instructions will be posted at least one hour before the advertised start time of the race or races concerned; except that any change to the schedule of races shall be posted by 1900 hours on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the club house mast.
- 4.2 When flag AP is displayed ashore (with two sound signals; one sound signal when lowered) '1 minute', in 'Race Signals' is replaced with 'not less than 30 minutes'. In the race signal AP.

5 FORMAT OF RACING AND SCHEDULE OF RACING

- 5.1 The RS400 and RS200 National Championships will comprise a maximum of 9 races over the three-day event. **Schedule of Races:**

Day	Date	Event	Time
Thursday	8 th September	Registration	19:00 to 21:00
Friday	9 th September	Registration	10:00 to 11:00
		Briefing	11:00
		Race 1	13:00
		Race 2	ASAP after Race 1
		Race 3	ASAP after Race 2
Saturday	10 th September	Race 4	11:00
		Race 5	ASAP after Race 4
		Race 6	ASAP after Race 5
		Race 7	ASAP after Race 6
Sunday	11 th Septemebr	Race 8	11:00
		Race 9	ASAP after Race 8
		Race 10	ASAP after Race 9

- 5.2 No more than 4 races will be sailed in any one day unless 5.3 applies.
- 5.3 At the discretion of the Class Representative and the Official Race Officer the following days' races may be brought forward to allow for any inclement weather forecasts.

- 5.4 In the event of a race being recalled, restarted, resailed or abandoned the next race sailed will be that race with subsequent races being sailed thereafter in their scheduled order.

6 CLASS FLAGS

- 6.1 The class flags will be as follows:
RS200 ICF 'T'
RS400 ICF 'W'

7 RACING AREAS

- 7.1 The racing area will be to the east of the CSBC clubhouse in Red Bay.

8 THE COURSES

- 8.1 The diagram(s) in Event Appendix A show the courses, the order in which marks are to be passed and the side on which each mark is to be left. Courses will also be defined on the official event notice board.
- 8.2 If one of two gate marks is missing and has not been replaced as described in RRS 34 then the remaining mark shall be rounded to port.
- 8.3 The number of laps to be sailed will be indicated on the Committee Boat for each course either written on a notice board or by flying the appropriate pennant from numeral pennant 2 to 8 at least five minutes before the warning signal. This changes RRS 27.1

9 MARKS

- 9.1 The course marks will be described in Event Appendix A.
- 9.2 If the start or finishing mark will be a committee boat it shall be that committee boat together with any rib or buoy if attached to the stern.

10 THE START

- 10.1 Races will be started by using RRS 26.
- 10.2 The starting line will be between a staff displaying an orange flag on the starting mark at the starboard end and the port-end starting mark.
- 10.3 When a limit mark is laid near the Committee Boat it is a starting limit mark that shall be left on the same side as the nearby committee boat.
- 10.4 Boats whose preparatory signal has not been made are reminded of their obligations not to interfere with boats that are racing as set out in RRS 23.1.
- 10.5 When the race committee sees a boat breaking rule 23.1 it may, without a hearing disqualify her from her nearest race notifying her in the race results. This changes RRS 63.1 and A5.
- 10.6 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

11 BLACK FLAG RULE

- 11.1 At the discretion of the Race Officer the Black Flag Rule as per RRS 30.3 can be used.
- 11.2 If a start using a black flag is subject to a general recall, the sail numbers of the boats identified as infringing this instruction will be displayed on the Committee Boat no later than 3 minutes before the preparatory signal of the next start. A long sound signal will be made when the numbers are displayed. This changes RRS 30.3

- 11.3 Boats so identified shall immediately retire and remain well clear of all boats racing. A boat that fails to comply with this instruction may be disqualified from all races in the series without a hearing. This changes RRS 30.3 & 63 and A5
- 11.4 It is the sole responsibility of each competitor to find out if their sail number is or is not displayed and then to act in accordance with this instruction.

12 CHANGES TO THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will move the original mark or a mark described in event appendix A for that purpose (or the finishing line) to a new position.
- 12.2 When the course to be made good is significantly changed by such an alteration, a boat will be stationed near the mark at the start of the leg affected, and will fly code flag (or board) "C" and may be over a green (triangular) or red (rectangular) flag (or board) indicating that the direction of that leg lies either to starboard or port respectively of its previous bearing. She will draw attention to this signal by making repeated sound signals. When the leg affected is to windward, the approximate magnetic bearing of the new direction to the next mark may also be displayed near the start of that leg. This changes RRS 33.
- 12.3 Boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1.

13 THE FINISH

- 13.1 The finishing line will be between the mast of the committee boat and the finishing mark described in Event Appendix A.
- 13.2 A boat that has finished shall then pass completely through the finishing line, and no part of her shall thereafter again cross the finishing line from either direction while the finishing vessel is on station and flying a blue flag. A boat that infringes this Sailing Instruction will be scored DSQ in the race she has just finished; this changes RRS 63.1, A5 & RRS A11
- 13.3 When the committee boat is in position by the inner loop (or only) leeward mark, and flying flag "S" alongside, the class flag, with a blue flag, then the course is changed and a boat shall round the leeward mark (be it on the inner or outer loop) and proceed to the finish line. All competitors shall complete the number of rounds equal to the leading boat before proceeding to the finish. Where multi classes are racing using the outer loop on a trapezoid course then these classes will additionally be advised of shorten course by having a signal (patrol) boat positioned at their leeward mark flying code flag S and making repeated sound signals. This changes Race Signals [as the finish will be at the finish line and not between "s" and the nearby mark or this gate] and RRS32

14 PENALTY SYSTEM

- 14.1 The two-turn penalty as described in RRS 44.1 & RRS 44.2 shall apply.
- 14.2 If a boat touches a start or finish mark they shall complete a one-turn penalty as described in RRS 44.2. Touching other rounding or passing marks is permitted. This changes RRS 31. A boat shall not manhandle a mark when it results in an advantage, if a boat does so she shall promptly retire. A boat that infringes this Sailing Instruction will be scored DSQ in the race she has just finished; this changes RRS 63.1, A5 & RRS A11

15 TIME LIMITS AND TARGET TIMES

The time limit per race shall be 60 minutes. Boats that fail to finish within 20 minutes of the first boat will be scored with their observed position on the course at that time. This changes RRS 35 and 28. At the discretion of the Race Officer (A) positions when the boats last rounded the mark nearest the Committee Boat may be awarded, or (B) boats that he expects to finish outside of the time limit may be given their observed position on the course and instructed by rescue boats to return to the starting area for start of the next race. If competitors are finished in this way, they must return immediately to the starting area. There will be no redress if they delay and miss their start. Changes RRS62

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available from the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2 For each class, the protest time limit is one hour after the last boat finished the last race of the day or when instruction 17.1 has been applied to that race.
- 16.3 Notices will be posted no later than 30 minutes after the expiry of the protest time limit to inform competitors of hearings in which they are parties to a hearing or named as witnesses. It shall be the responsibility of competitors to check the notice board for such notices, obtain their copy of the protest form and make sure that they and their witnesses attend the hearing.
- 16.4 On the last day of racing a competitor's request for reopening a hearing shall be delivered:
- (a) Within the protest time limit if the party requesting reopening was informed of the protest committee's decision on the previous day;
 - (b) No later than 30 minutes after the party requesting reopening was informed of the protest committee's decision on that day.
- This changes RRS 66.
- 16.5 Where a Class judge a NJ, IJ or official arbitrator is appointed to an event the Exoneration Penalty and the Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedures will be available. See official notice board for details.
- 16.6 For infringements of the rules other than in Part 2 of the RRS, the protest committee may award a lesser penalty than disqualification.
- 16.7 Breaches of instructions 1.4,23.1,23.2 and 24 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 16.8 Penalties for breaking rule 41, Outside Help, shall be at the discretion of the protest committee. When a boat has received outside help, a request for a lesser penalty than retirement may be made to the protest committee in writing before the end of protest time on the day concerned.

17 SCORING

- 17.1 3 races are required to be completed to constitute a series.
- 17.2 (a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
- (b) When from 4 to 10 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 17.3 To request correction of an alleged error in posted race or series results, a boat may bring such a discrepancy to the attention of the race office.
- 17.4 The scoring abbreviation for a discretionary penalty imposed under instruction 18.6 will be DPI.

- 17.5 **Series/event tie.** If, after discard(s), two or more boats have the same points total the tie will be broken in accordance with RRS Appendix A8.1. If there is still a tie this will be broken in favour of the boat with the best excluded result. This changes RRS A 8. If a tie still exists then the tie will be broken in accordance with RRS Appendix A8.2. For the purpose of this rule the last race will be taken to mean the last race actually completed on the water.

18 SAFETY REGULATIONS

- 18.1 Adequate personal buoyancy for crewmembers shall be worn at all times whilst racing. Neither a wetsuit nor a drysuit constitute adequate personal buoyancy. This changes RRS 40.
- 18.3 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.
- 18.4 In accordance with RRS 43.1 and ISAF Case 89, no clothing or equipment may be worn on the body of helm or crew to carry liquid of any description, even if for the purpose of re-hydration; this includes camelbacks, water bottles and cans of drink.

19 REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 For the series of races comprising an event only the helm named on the entry form will be eligible. If a different helm completes a race in the same boat then they will be considered a separate entry and their results cannot be combined with another helm's results. Crews may only be changed during the event from the person named on entry form with written permission in advance from the Race Committee or Class Representative. If it is known at start of the event that you will have to change crew during the event then both crews should be registered on entry form along with which day(s) they will be sailing. Permission will only be given to change crew as long as there is no performance gain from change of crew.
- 19.2 Either the registered crew or helm may sail the boat.
- 19.3 Where event results are combined to form a circuit then only results scored by the same helm will count, results from a different helm shall not be combined, even when helming the same boat.

20 DISTINGUISHING NUMBERS

- 20.1 Under exceptional circumstances, the Race Committee may permit a boat to use sails carrying a distinguishing number other than that required by RRS 77 and RRS Appendix G.
- 20.2 Such permission is only valid if sought in writing before use.

21 EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.
- 21.2 Class Conformity: Every boat shall comply with the current relevant class rules. Failure to do so may result in disqualification without a hearing. This changes RRS 63.1. and A5
- 21.3 RS200 only - the use of a pole to control the clew of the spinnaker is not permitted and the spinnaker may not be flown in a goose-winged fashion on the opposite side to the mainsail. The pole may be carried but not used.
- 21.4 Velocitec units specifically supplied by the RS Association may be used during racing. The display must be covered and may only be used for training purposes.

22 RUBBISH DISPOSAL

Boats shall not throw rubbish into the water, or dispose it carelessly ashore. When afloat trash may be placed aboard support and race committee boats.

23 DISCLAIMER OF LIABILITY

23.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

24 GENERAL

24.1 The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/competitor, his skipper or crew as a result of their taking part in the race or races. Moreover, every owner/competitor warrants the suitability of his boat for the race or races.

24.2 The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/competitor racing the boat, who shall ensure that the boat is fully found, thoroughly seaworthy and manned by a crew sufficient in number and experience who are physically fit to face bad weather. The owner/competitor shall be satisfied as to the soundness of the hull, spars, rigging, sails and all gear. He shall ensure that all safety equipment is properly maintained, stowed and in date and that all crew know where it is kept and how it is to be used.

24.3 Neither the establishment of these Sailing Instructions nor any inspection of the boat under these conditions in any way limits or reduces the absolute responsibility of the owner/competitor for his crew, the boat and the management thereof. The crews are nonetheless advised to satisfy themselves as to the experience of the skipper and the adequacy of all safety equipment and insurance arrangements.

25 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 or the equivalent.

26 RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

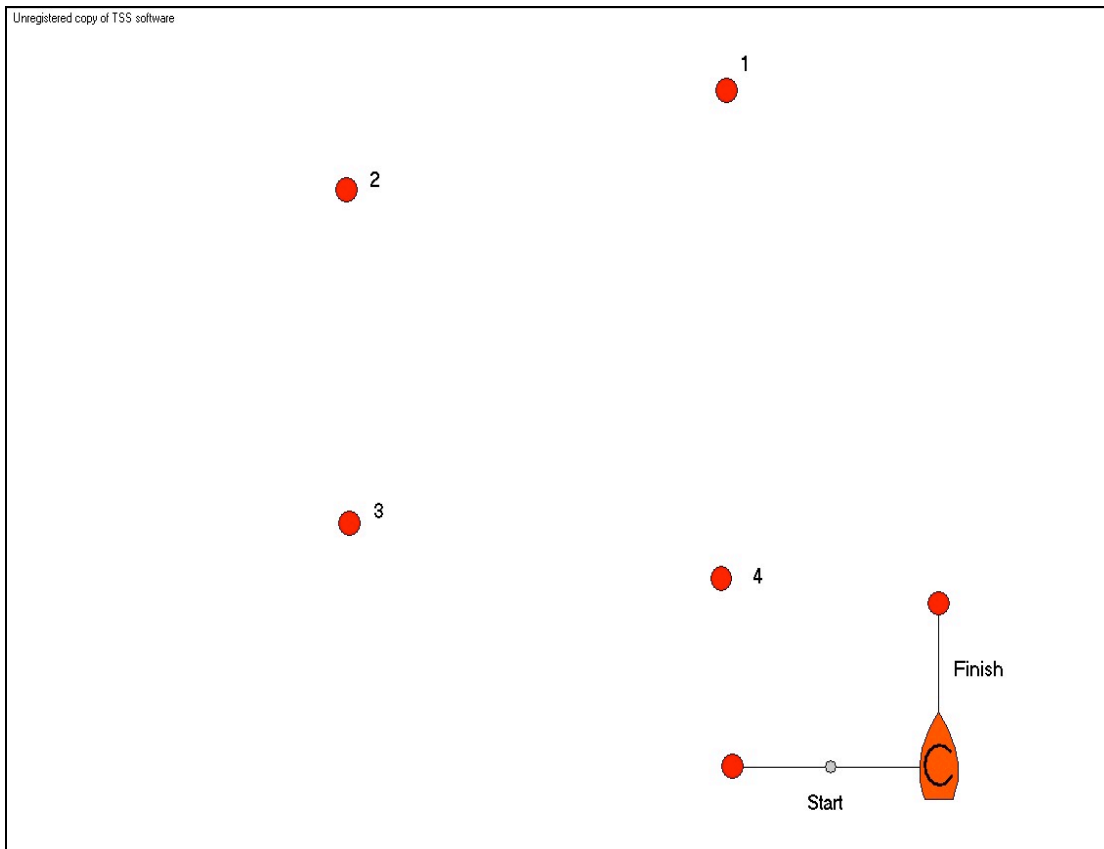
27 HONORARY MEMBERSHIP

All competitors, Race Management and Safety Boat Crews are granted honorary membership of Cushendall Sailing & Boating Club for the duration of the event.

Appendix A

Courses.

Appendix A – Course RS200/RS400



Inner/Outer loops courses

Lap 1

Lap 2

Lap 3

RS200 Start, 1p, 2p, 3p, 2p, 3p, on rounding mark 3 the number of times indicated on the committee boat, sail direct to finish line (mark 4 not a mark of course on finishing leg).

RS400 Start, 1p, 4p 1p, 4p, 1p, 4p, on rounding mark 4 the number of times indicated on the committee boat, sail direct to finish line.